

Latest News

Advanced Coaching Clinic for Juniors

We currently have 30 registrations for the Advanced Coaching Clinic for Juniors taking place at Bailey Reserve on Friday 16 July, between 8.30am – 3.00pm. The program will be going ahead as planned.

The following coaches have confirmed:

- Billy Millard (former Australian 7's Coach, recently returned from Cardiff where he was the Assistant Coach of the Cardiff Blues)
- Rob Sadler (Current Adelaide Black Falcons Head Coach, recently completed Level 3)
- Andrew Fenton (Recently returned from France where he was the head coach of the National Division three-side Riom)
- Carl Jones (State Coaching Manager)
- Jason Harding (State Development Coordinator)

Guest speakers:

- Olivia Warnes (Sports Nutritionist)
- Alex Rokobaro (Current member of the Waratahs Academy)

Topics to be covered:

- Warm-ups
- Core Skills – catch pass, track tackle
- Nutrition
- Strength and Conditioning
- Principles of Team Play
- Breakdown
- Decision-Making

There are still a few places available. To register please contact Carl Jones on (08) 7224 8150 or carl.jones@sarugby.com.au by midday Thursday 15 July.

2010 Hall of Fame Nominations

Nominations for the 2010 Hall of Fame will close at COB 19 July 2010.

The nomination package for the 2010 Hall of Fame can be found at the following link:

http://www.sarugby.com.au/about_hall_of_fame.html

Please include as much detailed information as possible in the nominations.

Any nominations received after 19 July will go towards the 2011 Hall of Fame nominations.

Rugby Competitions

2010 Over 35's Golden Oldies

The fourth of the 2010 Golden Oldies rugby matches for South Australian rugby veterans over the age of 35 was held at Woodville Rugby Club on Sunday 11th July. Thirty seven players between the ages of 35 and 68 took to the field under the control of referee Peter Brown in front of an enthusiastic crowd of supporters.

The schedule of games for the rest of the 2010 season is:

Game 5	12:00 noon, Sunday 1st August 2010	OLD COLLEGIANS	RSVP by Monday 26th July 2010
Game 6	12:00 noon, Sunday 29th August 2010	ONKAPARINGA	
Game 7	12:00 noon, Sunday 12th September 2010	BRIGHTON	

2010 World Golden Oldies Rugby Festival
SYDNEY, September 26th to October 3rd, 2010

To register your interest, or for more information, please contact one of the coordinators below:

COORDINATORS		
Terry Hall	0412 844 408	terry.hall@adelaide.edu.au
Peter Brown	0403 338 940	brownpeterj@yahoo.com

For updates throughout the season, please go to the Over 35's Golden Oldies webpage:

http://www.sarugby.com.au/golden_oldies.html

State Representative Teams

U16 State Representative Team Update

The 2010 U16 State Representative Team will be competing in the U16 National Championships at St Ignatius College, Riverview, Sydney, 26th Sept to 1st October.

Attention all players nominated by their club:

- The following times and dates are planned for pre selection exposure.
- SUNDAY 11TH – 10.00AM – 12.00PM – Skills training
- SUNDAY 18TH – 10.00AM – 12.00PM – Skills training
- SUNDAY 25TH – 10.00AM TO 12.00PM – Trial Match – After which a squad will be selected.

All trainings will be held at Bailey Reserve, Aldershot St, Clarence Gardens (Southern Suburbs Rugby Club).

We ask that at each training run, you are ready to begin at 10.00am, you attend with mouthguards, head gear if worn, rugby boots and training clothing (not beach shorts, or good white tee shirts etc). Come prepared!

If for any reason you cannot attend any session listed above please ensure you contact Brendan Deck (Team Manager) via phone or email - 0418 845 676 and brendan.deck@croplands.com.au

General Notices

SA Rugby is now on Facebook, Twitter and YouTube!

SA Rugby has recently joined Facebook, Twitter and YouTube. Make sure you join our Facebook page (<http://www.facebook.com/pages/South-Australian-Rugby-Union/127720673915465?ref=ts>), follow us on Twitter (<http://twitter.com/SARugbyUnion>) and subscribe to our YouTube channel (<http://www.youtube.com/user/SARugbyUnion>) for the latest SA Rugby news, videos, event information and more!

Club Highlights for Media

If your club has an interesting story, milestone or event coming up, please contact Mel at SA Rugby (mel.summers@sarugby.com.au) with the details. We will post the information in the SA Rugby Bulletin, on the SA Rugby website and distribute it to The Advertiser/Sunday Mail.

Phil Hoffmann Travel Rugby World Cup 2011 Cruise

Cruiseco, an Official Travel Agent for Rugby World Cup 2011, New Zealand has chartered Rhapsody of the Seas for two wonderful cruises combining the highlights of New Zealand as well as the major matches. As a member of Cruiseco Phil Hoffmann Travel Cruise Centre has access to these EXCLUSIVE packages.

The First Cruise will operate round trip from Auckland for 8 nights and will be in Wellington for both quarter finals on 8th and 9th October 2011. The Second Cruise will operate for 13 nights from Auckland to Sydney and will be in Auckland for both Semi Finals, the Bronze Final and the Final itself.

Bookings are now open for sale. Contact Phil Hoffmann Travel Cruise Centre on 1300 88 99 53 for full details on this once in a lifetime Rugby Cruise. Prices start from just \$3,270 per person twin share for an 8 night cruise or from \$8,130 per person twin share for a 13 night cruise. Phil Hoffmann Travel as Major Partners of SA Rugby will make a donation for all bookings received via SA Rugby Members.

This is one Rugby event not to be missed!

Office for Volunteers Newsletter

Read this fortnight's edition of the Office for Volunteers' electronic newsletter, *The State of Volunteering On-line*, by visiting <http://www.ofv.sa.gov.au/newsletter.htm>.

Gilbert Ball Orders

Gilbert is the official ball of SA Rugby. We encourage all clubs to use Gilbert balls and support our fantastic sponsors. To order your balls for the 2010 season contact Cathy at SA Rugby on (08) 7224 8150 or go to the following link for an order form: www.sarugby.com.au/corporate_merch.html

KooGa – Official kit provider to SARU

Please note that KooGa remains the official stock merchandiser for SA Rugby in 2009 and gear is available through SA Rugby or KooGa at www.wrskooga.com. Contact the South

Australian KooGa Sales Representative, Richard Wasley, on 0410 434 224. KooGa are also suppliers of Silver Fern training equipment www.silverfernaust.com.au

Dates for the Diary

Friday 16 July

Advanced Coaching Clinic for Juniors
Southern Suburbs Rugby Union Club
Bailey Reserve, Aldershot Street, Clarence Gardens
9am – 3pm

Friday 5 - Sunday 7 November

Level 2 Coaching Course
6pm Fri – 4pm Sun

Saturday 2 - Sunday 3 April 2011

International Rugby Sevens Adelaide
Adelaide Oval
More information at www.adelaidesevens.com.au

The SA Rugby Bulletin is published weekly by South Australian Rugby Union Limited during the Rugby season and fortnightly during the off-season. Should you wish to be removed from the distribution list please email info@sarugby.com.au

Please remember to forward this Bulletin to all your members & interested parties.

If clubs have any news, information or articles of interest, please contact SA Rugby at: info@sarugby.com.au or (08) 7224 8150. Please also check the SA Rugby homepage for further news and information. www.sarugby.com.au